



# Open source training grounds for attack and response teams

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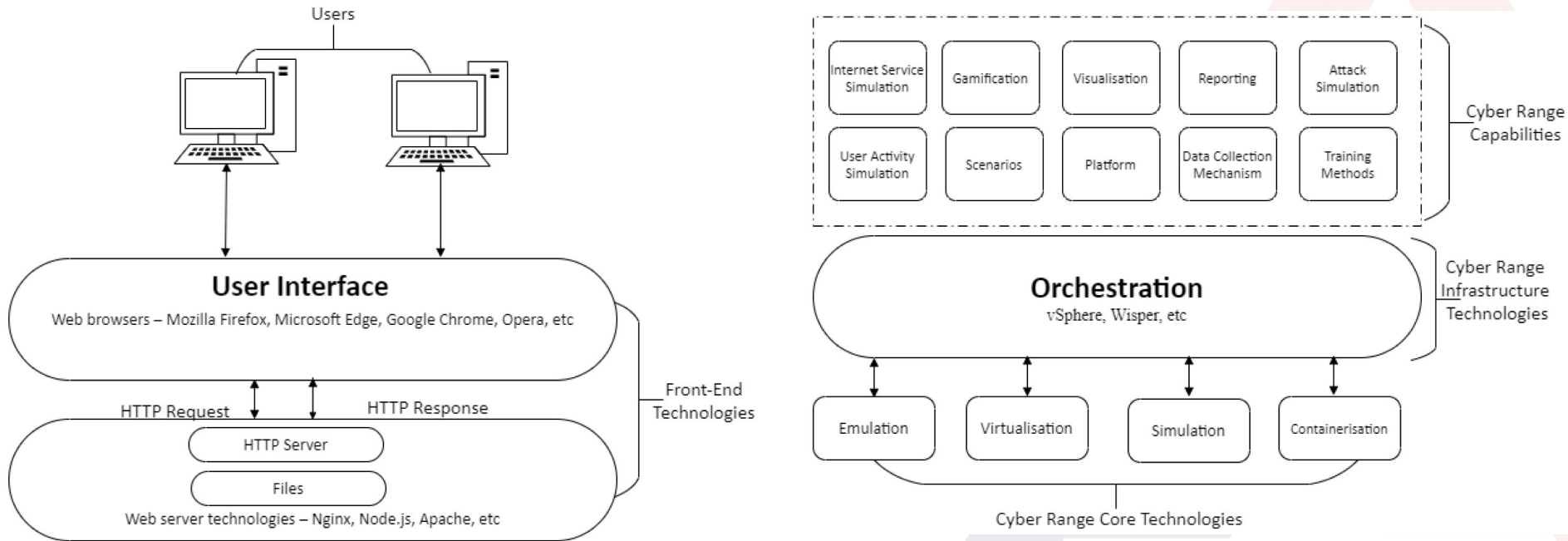
# About the speaker

- Graduated at the Faculty of Electrical Engineering and Computing in 2017
- During his PhD studies worked on several cyber security R&D projects; regularly participated in exercise events
- (Co-)Founded the university Spin-off CyberArrange in 2023
- Also worked/works as a Software Engineer and DevOps Engineer

# Why use cyber ranges?

- Allegedly, attacking real systems for training is not desirable
- Learning involves mistakes and requires structure and support
- Trainings and exercises benefit from feedback and after-action reviews
- It should be possible to test alternative scenarios and do experiments
  
- Cyber ranges provide a safe environment for training
- Their features aim to solve the problems above

# Common cyber range features



# Why should we care for open-source CRs?

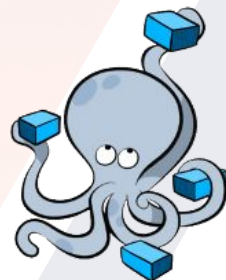
- Many commercial services are available...
- Flexibility - useful for experiments and internal research
- Creating specific training programmes, e.g. for onboarding
- Lower licensing cost - but demanding maintenance

# Our investigation

- We investigated ~20 open-source CR technologies for deployment in CyberArrange
- Some representative examples:

<b>Small scale trainings (e.g. on workstations)</b>	<b>Medium-scale trainings</b>	<b>Large-scale trainings</b>
Docker Security Playground AWS Cyber Range ...	Ludus KYPO Cyber Range Platform ...	Open Cyber Range DeterLab ...

These CRs rely on IaC and cloud technologies...



# Docker Security Playground (1)



Docker Security Playground v3.7.7

+ New Lab   Labs   Labels   Images   Repositories

## Hacking environment

← BACK   SAVE   ▶ RESTART

Elements   Graph   Docker-Compose   Log

DELETED   CUT   COPY   PASTE

```
graph LR; hackme[hackme] -- DHCP --- network((network 193.20.1.1)); element_2[element_2] -- DHCP --- network;
```

The diagram illustrates a network setup within a Docker Security Playground. It features three main components: a host named 'hackme' on the left, a central cloud-shaped network labeled 'network 193.20.1.1', and another host named 'element\_2' on the right. Both 'hackme' and 'element\_2' are connected to the central network via lines labeled 'DHCP', indicating they are dynamically receiving IP addresses from the network. Each host icon includes a small monitor and a cloud icon, and each has a set of control handles (minimize, maximize, close) in its top right corner. The network cloud also has control handles. Above the diagram is a toolbar with icons for DELETE, CUT, COPY, and PASTE. The interface is part of a larger application with a sidebar on the left containing a list of labs and a top navigation bar with options like 'New Lab', 'Labs', 'Labels', 'Images', and 'Repositories'.



# Docker Security Playground (2)



DSP v3.8.3

+ New Lab   Labs   Labels   Images   Repositories

**Docker Security Playground**

Name lab

- NetworkSecurity\_Unina 1.1 labs
- ivan labs
  - L04\_NetcatTheAlmighty **Tools**
  - L04\_SMTPEnumeration **Enumeration**
  - > L08\_SSHRemotePortForwarding
    - Protocols **Tools**
  - L08\_SSLHeartbleed **Buffer Overread**

> Logs CLEAR LOGS

Container

Graph   Docker-Compose   Managed Services   Hack Tools   Network Elements   Monitoring

```
graph LR; music_server[music_server] --- not_visible_network((not_visible_network)); ssh_client[ssh_client] --- not_visible_network; ssh_client --- public_client_network((public_client_network)); client_firefox[client_firefox] --- public_client_network;
```

Solution ↕ ✎

# Docker Security Playground (3)



DSP v3.8.3

+ New Lab Labs Labels Images Repositories

L08\_SSLHeartbleed\_1

DSP / Use L08\_SSLHeartbleed\_1

COPY DELETE LAB

Lab is inactive

START LAB

EDIT INFO EDIT NETWORK

Goal

The goal of this laboratory is to perform a **buffer overread** attack by exploiting the notorious **Heartbleed** bug (CVE-2014-0160).

**The Heartbleed Bug**

**VALID HEARTBEAT REQUEST AND RESPONSE**

Please respond with:  
Payload: `hellothere`  
Length: 10 B

Server memory  
passwords, logins, certificate keys, private keys  
`hellothere;passwords, logins, certificate keys, private keys, other sensitive data...`

**EXPLOITING HEARTBLEED**

Please respond with:  
Payload: `hellothere`  
Length: 64 KB

Server memory  
passwords, logins, certificate keys, private keys  
`hellothere passwords, logins, certificate keys, private keys, other sensitive data...`

# Docker Security Playground (4)



DSP v3.8.3 + New Lab Labs Labels Images Repositories

Name lab

- NetworkSecurity\_Unhina 1.1 labs
- Ivan labs
  - L04\_NetcatTheAlmighty Tools
  - L04\_SMTPEnumeration Enumeration
  - L08\_SSHRemotePortForwarding Protocols Tools
  - L08\_SSLHeartbleed Buffer Overread

Container

Graph Docker-Compose Managed Services **Hack Tools** Network Elements Monitoring

Main Image Ports (container port => host port) Status Networks (click on name to change default network routing) Command Actions

**ONE LINE** **INTERACTIVE**

## One Line Hack Tool

Send your attacks by using predefined hack tools

Q Image:  Image Filter

Networks:  I08\_sshremoteportforwarding\_not\_visible\_network  
Networks:  I08\_sshremoteportforwarding\_public\_client\_network

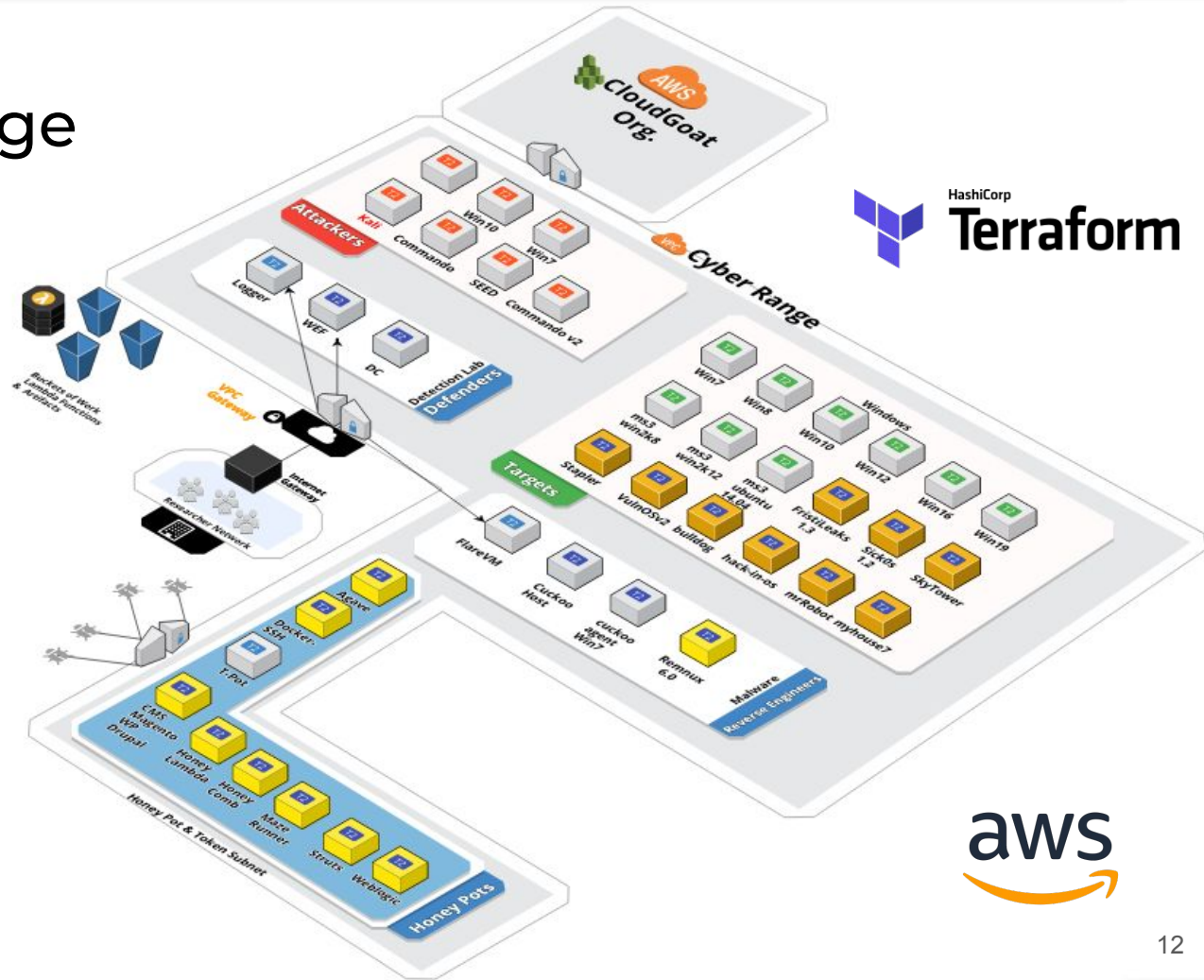
nmap

**RUN COMMAND**

**Solution**

Made by gx1  
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# AWS Cyber Range



AWSCyberRa...  
Tom Cappetta

commandcenter > master > build-master > publish-latest (15)

publish-latest **SUCCESS**

Duration 2m 16s | Waiting 0s | Docker Medium | 2 CPU / 4 GB RAM

Finished 3 seconds ago

STEPS TESTS ARTIFACTS

- Spin Up Environment
- Preparing Environment Variables
- Attaching Workspace
- Setup a remote Docker engine
- Load archived Docker image
- Publish Docker image to Docker Hub
- Slack - Setting Success Condition
- Provide error if non-bash shell
- Slack - Sending Status Alert

# Ludus (1)

```
user@ludus:~$ ludus templates list
```

TEMPLATE	BUILT
debian-11-x64-server-template	FALSE
debian-12-x64-server-template	FALSE
kali-x64-desktop-template	FALSE
win11-22h2-x64-enterprise-template	FALSE
win2022-server-x64-template	FALSE

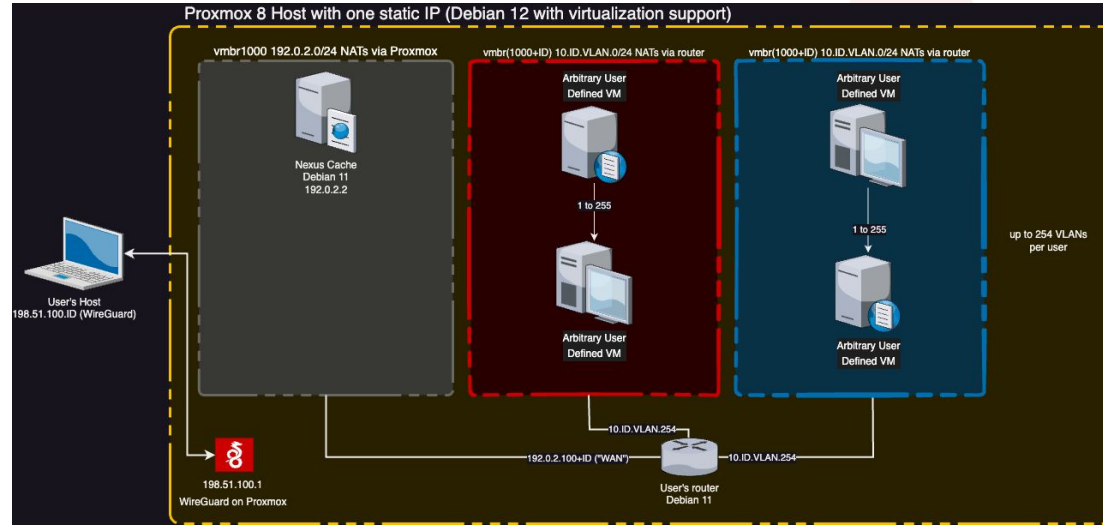
```
user@ludus:~$ ludus range deploy  
[INFO] range deploy started
```

```
user@ludus:~$ ludus range status
```

USER ID	RANGE NETWORK	LAST DEPLOYMENT	NUMBER OF VMS	DEPLOYMENT STATUS	TESTING ENABLED
JD	10.2.0.0/16	2023-12-31 18:42	4	SUCCESS	FALSE

PROXMOX ID	VM NAME	POWER	IP
107	JD-router-debian11-x64	On	10.2.10.254
109	JD-ad-dc-win2019-server-x64	On	10.2.10.11
113	JD-ad-win11-22h2-enterprise-x64-1	On	10.2.10.21
114	JD-kali	On	10.2.99.1



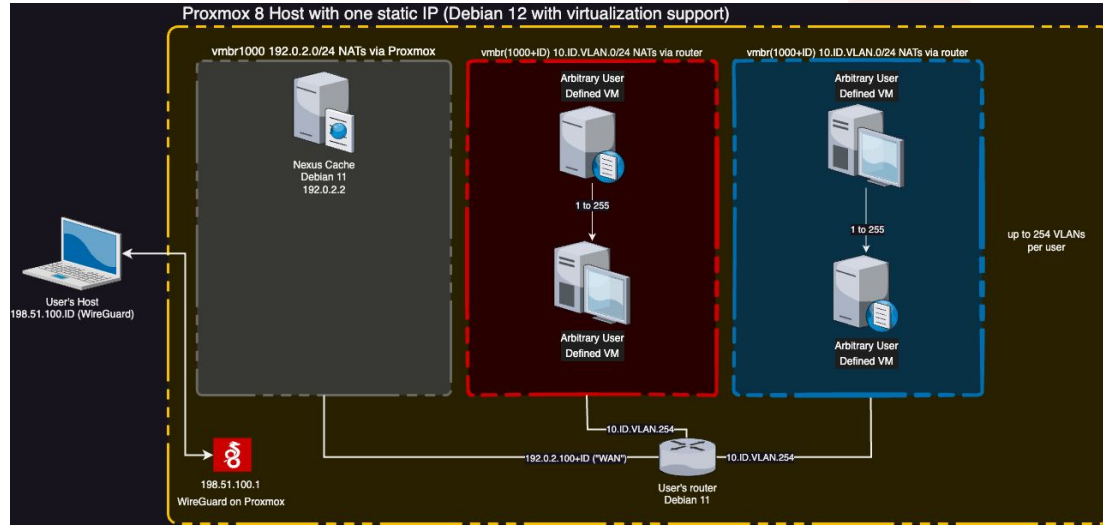
ANSIBLE



# Ludus (2)

ludus:

- vm\_name: "{{ range\_id }}-DC01"  
hostname: "DC01"  
template: win2022-server-x64-template  
vlan: 10  
ip\_last\_octet: 10  
ram\_gb: 4  
ram\_min\_gb: 1  
cpus: 2  
windows:  
  sysprep: true  
domain:  
  fqdn: ludus.domain  
  role: primary-dc  
roles:  
  - synzack.ludus\_sccm.install\_adcs  
  - synzack.ludus\_sccm.disable\_firewall
- vm\_name: "{{ range\_id }}-Workstation"  
hostname: "Workstation"  
template: win11-22h2-x64-enterprise-template  
vlan: 10  
ip\_last\_octet: 11  
ram\_gb: 4  
ram\_min\_gb: 1  
cpus: 4



ANSIBLE

**PROXMOX**

\*Example from:

[https://github.com/Synzack/ludus\\_sccm](https://github.com/Synzack/ludus_sccm)

# KYPO Cyber Range Platform (1)

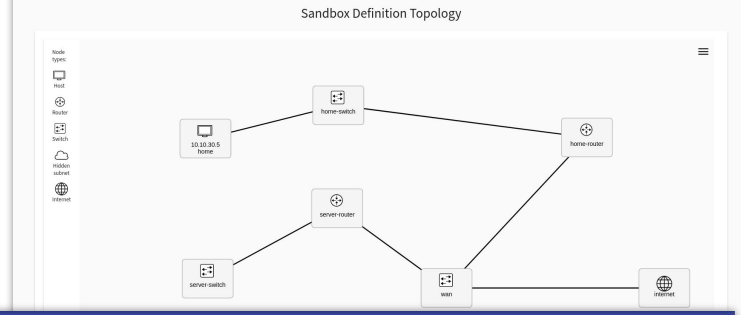
**KYPO Portal**

**Participate**  
Training Run allows you to start a new capture the flag (CTF) game, return to unfinished one, or to access results of those you already finished.

**Design**  
In the sandbox definition agenda, you can manage sandbox configurations, i.e., descriptions of virtual networks and computers that can be instantiated in isolated sandboxes. The training definition is a plot of the single-player CTF games. You can manage your own and design new ones.

**Organize**  
As an instructor, you can create Pools of sandboxes that serve for the instantiating and management of sandbox definitions. You can also create training instances that are necessary if you want to organize a CTF game hands-on session. In the resources agenda, you can view cloud resources and its state.

**Manage**  
In Groups, you can manage groups and define access rights available to the group members. The Users agenda serves for assigning KYPO users to existing groups. You can also manage microservices that provide the KYPO Cyber Range functionality. Please do not mess with it unless you know what you are doing.

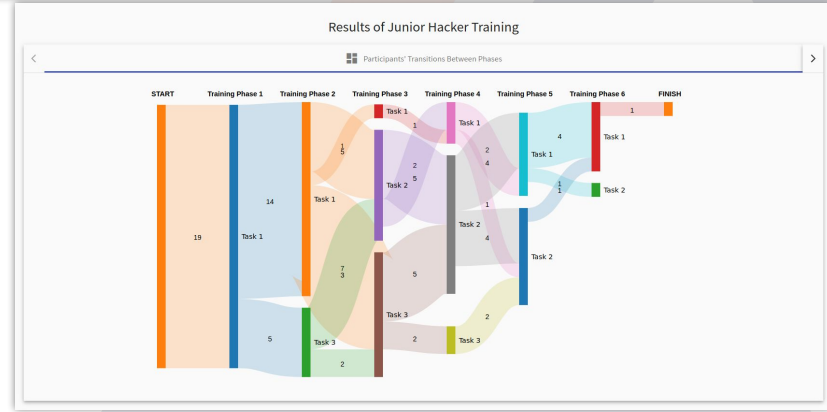


**User Overview**

Filter by surname

Id	Name	Login	Issuer	Email	Actions
<input checked="" type="checkbox"/>	Demo Admin	kypo-admin	https://172.19.0.22:443/csrtrmu-dummy-issuer-server/	"kypo-admin@example.com"	
<input type="checkbox"/>	Demo User	kypo-user	https://172.19.0.22:443/csrtrmu-dummy-issuer-server/	"kypo-user@example.com"	

Items per page: 10 | 1 - 2 of 2





# KYPO Cyber Range Platform (2)



```
topology.yml 863 B
1 name: kypo-crp-demo-training
2
3 hosts:
4   - name: server
5     base_box:
6       image: ubuntu-focal-x86_64
7       man_user: ubuntu
8       flavor: standard.small
9
10  - name: client
11    base_box:
12      image: ubuntu-focal-x86_64
13      man_user: ubuntu
14      flavor: standard.small
15
16 routers:
17   - name: router
18     base_box:
19       image: debian-9-x86_64
20       man_user: debian
21       flavor: standard.small
22
23 networks:
24   - name: server-switch
25     cidr: 192.168.20.0/24
26     accessible_by_user: False
```

```
playbook.yml 822 B
1 ---
2
3 - name: disable qxl
4   hosts:
5     - routers
6     - hosts
7   gather_facts: yes
8   become: yes
9   tasks:
10    - include_role:
11      name: kypo-disable-qxl
12      when: ansible_os_family == 'Debian'
13
14 - name: set up server
15   hosts: server
16   become: yes
17   roles:
18     - name: server
19       telnet_port: "{{ telnet_port }}"
20       flag: "{{ alice_flag }}"
21       flag_2: "{{ root_flag }}"
22
23 - name: set up client
24   hosts: client
25   become: yes
26   roles:
```

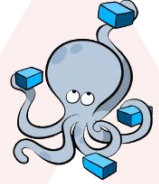
```
main.yml 1.03 KIB
1 ---
2 # This is a role for setting up the server.
3
4 - name: Add user and set password
5   user:
6     name: '{{ username }}'
7     password: '{{ password | password_hash(''sha512'') }}'
8     shell: '/bin/bash'
9
10 - name: Install packages
11   apt:
12     pkg:
13       - telnetd
14     update_cache: yes
15
16 - name: Change Telnet port
17   replace:
18     path: /etc/services
19     regexp: '23/tcp'
20     replace: '{{ telnet_port }}/tcp'
21
22 # xinetd must be installed after changing the Telnet port
23 - name: Install xinetd package
24   apt:
25     name: xinetd
26
```



ANSIBLE



# Open Cyber Range



Ranger | Home | Exercises | Logs | HI, ranger.manager@occr14.net | Manager | Logout

### Exercise-1

- Dashboard
- Scores
- Emails
- Deployments
  - Knst1hDxw

### Dashboard

Exercise name (required): Exercise-1

AD Group: Scenario 35

To ease the...

1	name:	8
2	descr:	19
3	start:	5
4	end:	26
5	condit:	6
6	test:	7
7	quick-rising-condition:	8
8	source:	9
9	source:	10
10	nodes:	11
11	user-machine:	12
12	type:	13
13	resource:	14
14	mem:	15
15	cpu:	16
16	source:	17
17	roles:	18
18	admin:	19
19	username:	20
20	user:	21
21	username:	22
22	entities:	23
23	- player-1	24
24	conditions:	25
25	test-condition:	26
26	user-machine-2:	27
27	type:	28
28	resource:	29
29	mem:	30
30	cpu:	31
31	source:	32
32	roles:	33
33	admin:	34
34	username:	35
35	user:	36
36	username:	37
37	entities:	38
38	-	39

### Deployments

Deployment(s) group (required): test-deployment-group

Deployment(s) name (required): Deployment1

Deployment(s) start time (required): 24/12/2023 00:00

Deployment(s) end time (required): 25/12/2023 00:00

AD Group for deployment #1 (required): Q Test\_Exercise\_Team\_Blue

Number of deployments (required):

Ranger | Home | Exercises | Logs | HI, ranger...

### Exercise-1

- Dashboard
- Scores
- Emails
- Deployments
  - Knst1hDxw

### SDL

```
1 name: example-scenario
2 description: some-description
3 start: 2023-12-24T00:00:00Z
4 end: 2023-12-31T00:00:00Z
5 conditions:
6 test-condition:
7 source: api-health-check
8 quick-rising-condition:
9 source: quick-rising-condition
10 nodes:
11 user-machine:
12 type: VM
13 resource:
14 mem: 2gib
15 cpu: 1
16 source: debian11
17 roles:
18 admin:
19 username: 'root'
20 user:
21 username: 'user'
22 entities:
23 - player-1
24 conditions:
25 test-condition: admin
26 user-machine-2:
27 type: VM
28 resource:
29 mem: 2gib
30 cpu: 1
31 source: debian11
32 roles:
33 admin:
34 username: 'root'
35 user:
36 username: 'user'
37 entities:
38 -
```

Ranger | Home | Exercises | Logs | HI, ranger.manager@occr14.net | Manager | Logout

### Exercise-1

- Dashboard
- Scores
- Emails
- Deployments
  - Knst1hDxw

### Knst1hDxw

Blue Team 9.44 Points +

Red Team 0 Points -

Score

Time

```
1 name: example-scenario
2 description: some-description
3 start: 2023-12-24T00:00:00Z
4 end: 2023-12-31T00:00:00Z
5 conditions:
6 test-condition:
7 source: api-health-check
8 quick-rising-condition:
9 source: quick-rising-condition
```

vmware<sup>®</sup>  
by Broadcom

# DETER/DeterLab

- Based on university simulator Emulab
- Runs over hundreds of physical machines
- Used for large-scale experiments and team exercises
- Global and federated usage
- Deter Agents Simulating Humans (DASH) toolkit

# Demo...

- KYPO CRP
- Docker Security Playground



# Conclusions

- Small scale CRs (e.g. DSP, AWS CR) make sense for smaller teams
- Bigger CRs require a larger infrastructure and specialized operators
- Features such as user and attack simulation are available only with larger CRs and come with a significant overhead
- Team exercise support varies a lot, many CRs primarily focus on individuals
- Creating new trainings is challenging and time-consuming

# Q&A

Contact: [ivan.kovacevic@cyberarrange.com](mailto:ivan.kovacevic@cyberarrange.com)

Alternatively, feel free to send a message on LinkedIn